

Quite possibly the best days ever
5-8 January 2017



Office of International Relations

Come visit us at the International House, Gløshaugen!

Opening hours

- 1 May – 31 August: 10:00 – 14:30
- 1 September – 30 April: 10:00 – 15:00
- Lunch usually takes place between 11:45 and 12:30

More information

- ntnu.edu/studies
- facebook.com/NTNUinternational



*International House
Photo: Hege Førsvoll/NTNU*



"I am very proud to welcome you all to Trondheim and to the Norwegian University of Science and Technology. Even though we are far north, we are an integral part of the international academic community.

We welcome many international students from different parts of the world. When students from different countries mix with each other, work, study and spend leisure time together, they are in a better position to understand those with other backgrounds. This makes life easier for us all, on our campus and in the world in general.

Good luck with your studies at NTNU and with your life as a student in Trondheim."

Hilde Skeie, Head of International Office



*Some of the staff at the Office of International Relations
Photos on this page: Julia Zazhigina/NTNU*

Important information

Please read this programme carefully and take note of important appointments and dates. You should keep the programme after the Orientation Week is over, as it also contains information about other meetings you should attend in the next couple of weeks.

Also read the Checklist - the brochure has essential information that will help you during your first weeks in Trondheim.

Electronic copies of the Checklist and Orientation Programme can be found at www.ntnu.edu/lifeandhousing/trondheim/new-student

Registration and fee

There is a NOK 200 fee to participate in the social part of the Orientation Week. The fee covers all provided meals, excursions and activities, entry tickets and lots of fun. Check www.ntnu.edu/lifeandhousing/trondheim/new-student to register.

The information meetings, police appointments and health checks are free of charge. You do not need to register for this part of the Orientation Week.

Show us your ribbon

During registration you will receive a ribbon if you have paid the fee to participate in the social part of the Orientation Week.

This ribbon acts as proof of payment – and it is your entry ticket. You should therefore wear/bring the ribbon to all the social activities.

Activities that are a part of the social programme are marked with 'ribbon' throughout the programme. If you are in doubt about whether you can participate in an activity, ask a member of staff.



Photo: Hege Førsvoll/NTNU

Groups and activities

During Orientation Week you will at times be split into groups. It is important that you read this guide carefully to find out which activities you have to attend.

ALL	Activities and meetings for everyone.
EU/EAA STUDENTS	Meetings for students from the EU/EAA area.
NON-EU/EAA STUDENTS	Meetings for students from outside the EU/EAA area.
VARIES	The group will depend on the activity. For example different hiking groups or campuses.

Faculty acronyms

Information about all faculties and departments can be found at <https://www.ntnu.edu/faculties>

AB	The Faculty of Architecture and Fine Art
DMF	Faculty of Medicine
FLT	Faculty of Teacher and Interpreter Education
HF	Faculty of Humanities
IME	Faculty of Information Technology, Mathematics and Electrical Engineering
IVT	Faculty of Engineering Science and Technology
NT	The Faculty of Natural Sciences and Technology
SVT	The Faculty of Social Sciences and Technology Management
-	Trondheim Buisness School

Thursday 5 January

Who	Time	Activity	Meeting place
ALL	09:00	Registration	Outside R1 - Natural Science Building
ALL	10:00	Welcome meeting	R1 - Natural Science Building
ALL <i>(Ribbon)</i>	11:30	Lunch	Campus cafeterias
ALL <i>(Ribbon)</i>	12:30 -15:30	Trondheim Games - see <i>below</i>	Campus cafeterias

Trondheim Games

Form a group of 8 people and let the Games begin! Trondheim Games is a wonderful opportunity to make friends and to get to know the city through exciting challenges. This is an outdoor activity - please dress according to the weather!

You must show your ribbon to participate in this activity.

"There is no such thing as bad weather, only inappropriate clothing."

Norwegian saying



Students outside Nidarosdomen church during Trondheim Games.
Photos: Hege Forsvoll/NTNU

Friday 6 January

Who	Time	Activity	Meeting place
LATECOMERS	10:00 - 11:00	Registration for latecomers	Outside R1 - Natural Science Building
NON- EU / NON-EEA STUDENTS	09:15 - 10:15	Information meeting for students from outside the EU/EEA	R1, Natural Science Building
EU / EEA STUDENTS	10:30 - 11:15	Information meeting for EU and EEA students	R1, Natural Science Building
ALL	11:30	How to cope in winter Information meeting	R1, Natural Science Building

Choose one of the two options below. It is not possible to change groups after you have registered due to space restrictions at the Tyholt Tower.

GROUP A <i>(Ribbon)</i>	12:15	Pizza lunch at the Tyholt Tower	Outside R1 - we walk to the Tyholt Tower where pizza will be served at the tower restuarant
GROUP B <i>(Ribbon)</i>	12:15	Information session about the NTNUI cabins "koier"	R1
GROUP B <i>(Ribbon)</i>	13:15	Pizza lunch at the Tyholt Tower	Outside R1 - we walk to the Tyholt Tower where pizza will be served at the tower restuarant

The Tyholt Tower

See all of Trondheim while enjoying a pizza in the rotating restaurant 74 meters above the ground.

The restaurant is about a 30-40 minute walk from campus, so please dress according to the weather.

You must show your ribbon to participate in this activity.



Student photo: Klaus Ening

The NTNUI Cabins

Students in Trondheim have access to something few universities can match: a network of small cabins spread across the county of Trøndelag.

The cabins can be accessed by hiking or skiing.

Learn more about how to book the cabins, what to bring for the trip, how to dress, winter safety tips, map skills and more by student volunteers from NTNUI Koiene.



Student photo: Tom van Beusekom

Saturday 7 January

Who	Time	Activity	Meeting place
GROUP A	10:00	A one hour guided historical tour in the city centre of Trondheim	Info to come
GROUP B	11:00		
GROUP C	12:00		
GROUP D	12:00		
GROUP E	13:00		
GROUP F	13:00		
GROUP G	14:00		
GROUP H	15:00		

QUIZ AND MOVIE NIGHT <i>(Ribbon)</i>	18:00 - 21:30	Enjoy a night in with a quiz, followed by a Norwegian movie. Sweets will be served in our candy bar.	R1
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Sunday 8 January

Who	Time	Activity	Meeting place
GROUP A	07:45	Hiking in Bymarka A light snack and something warm to drink will be served. (Ribbon)	Outside the Main Building.
GROUP B	07:45		
GROUP C	13:45		Please be punctual - the buses will not wait.
GROUP D	13:45		

This is an outdoor activity - please dress according to the weather. You should wear warm clothes and good walking shoes. It is also a good idea to bring some extra clothes in case you get cold.

