

Salutogenesis



Georg Bauer & Lenneke Vaandrager

The concept of salutogenesis has been broadly received in the field of health promotion. Salutogenesis resonates well with key principles of health promotion such as addressing social, up-stream determinants of health, considering not only risk factors but also resources, and looking beyond disease at positive health outcomes. Besides providing a general orientation, the salutogenic model and the key element of Sense of Coherence (SOC) provide a sound theoretical basis for both health promotion practitioners and researchers.

The symposium aims to provide an overview of this potential of salutogenesis for the field of health promotion and particularly for “bending the curve of rising NCDs”. We will show current activities of the Global Working Group of Salutogenesis with over 20 international experts from this field. We will propose how this concept of salutogenesis can be advanced for further enhancing its relevance for health promotion. The audience can discuss emerging research with young researchers of the field. And finally, we will involve the audience in identifying key issues to be addressed in the future for making salutogenesis even more relevant for health promotion.

Programme for the Salutogenesis symposium (10.15-12.30)

| | | |
|--------------|---|--|
| 10.15 | Salutogenesis – state of the art | |
| 10.15 | Welcome & program overview | Lenneke Vaandrager |
| 10.20 | Overview of GWG & of its strengths (history, members; handbook incl. created network, action plan, open society STARS) | Georg Bauer |
| 10.30 | State of the art: Handbook of Salutogenesis (three meanings of Sal; positive side effects of network building and raising credibility) | Maurice Mittelmark |
| 10.40 | Advancing Salutogenesis (based on Position paper) | |
| 10.40 | Background & process | Mathieu Roy |
| 10.45 | Advancing the model of Salutogenesis | Georg Bauer |
| 10.52 | Advancing the sense of coherence | Bengt Lindström |
| 10.59 | Defining salutogenic interventions & processes | Paolo Contu |
| 11.06 | Application of salutogenesis beyond health promotion | Shifra Sagy |
| 11.15 | Emerging research (poster round in sub-groups) | |
| 11.15 | Eight posters (projects of PhDs and others) are featured in a world café format: participants split into four groups (assigned by drawn numbers); spend 10 mins at 2 posters (the 2 posters address a similar theme/research method) and collect discussion points on additional white sheet before going on to the other posters | Kristel Polhuis (Netherlands) Ernest Darkwah (Norway/Ghana) Helena Ericson (Sweden) Birgit Brusletto (Norway) Sylvia Broetje (Switzerland) Philipp Kerksiek (Switzerland) Susana Mantas (Spain) Anat Sarid (Israel) |
| 12.05 | Key issues for the future (all 75 symposium participants: based on experience of participants and symposium input: collect key issues to be briefly presented and discussed in final overall panel debate) | Lenneke Vaandrager |
| 12.30 | Closing | |