

Health Promoting Universities: Overview



Mark Dooris
Professor in Health & Sustainability
Director, Healthy & Sustainable Settings Unit
University of Central Lancashire

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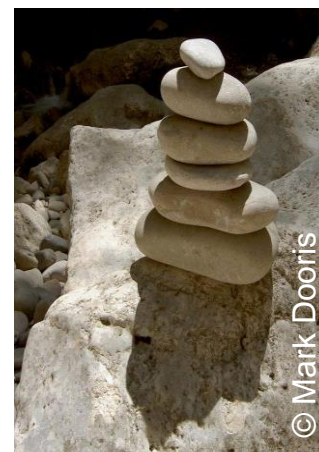
Health Promoting Universities: Why?

Universities can play a key role in supporting and promoting the health of people, places & planet (including tackling NCDs), through maximising opportunities to:

- impact positively on health/wellbeing of students & staff
- benefit the local community
- contribute to health improvement of the population
- generate health, justice & sustainability in families, neighbourhoods & society

A commitment to health and wellbeing can:

- enhance core business – achievement, performance, productivity & reputation.

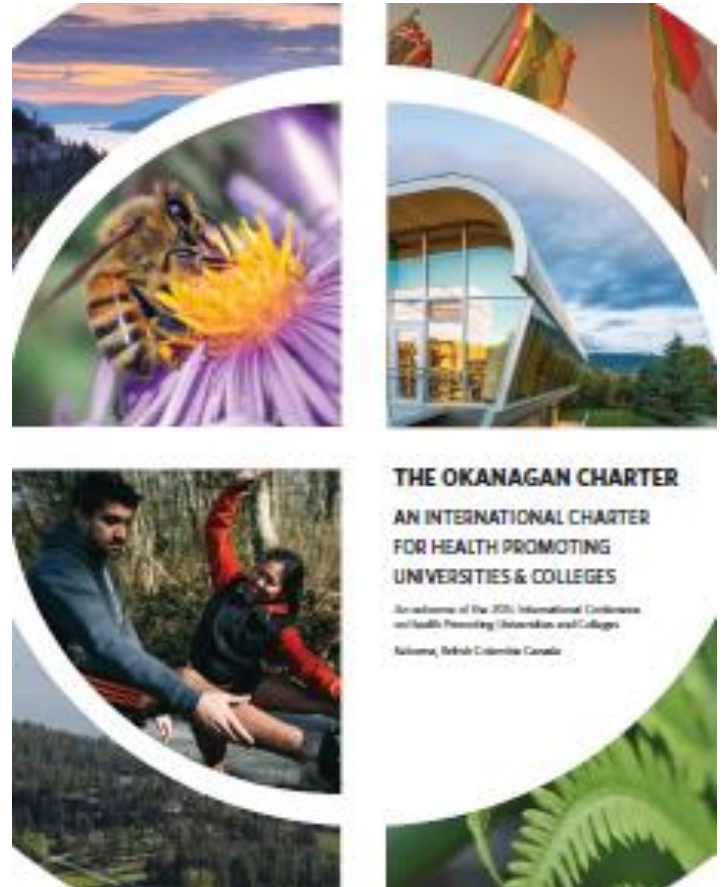


Health Promoting Universities: Vision

“Health Promoting Universities and Colleges transform the health and sustainability of our current and future societies, strengthen communities and contribute to the wellbeing of people, places and the planet.”

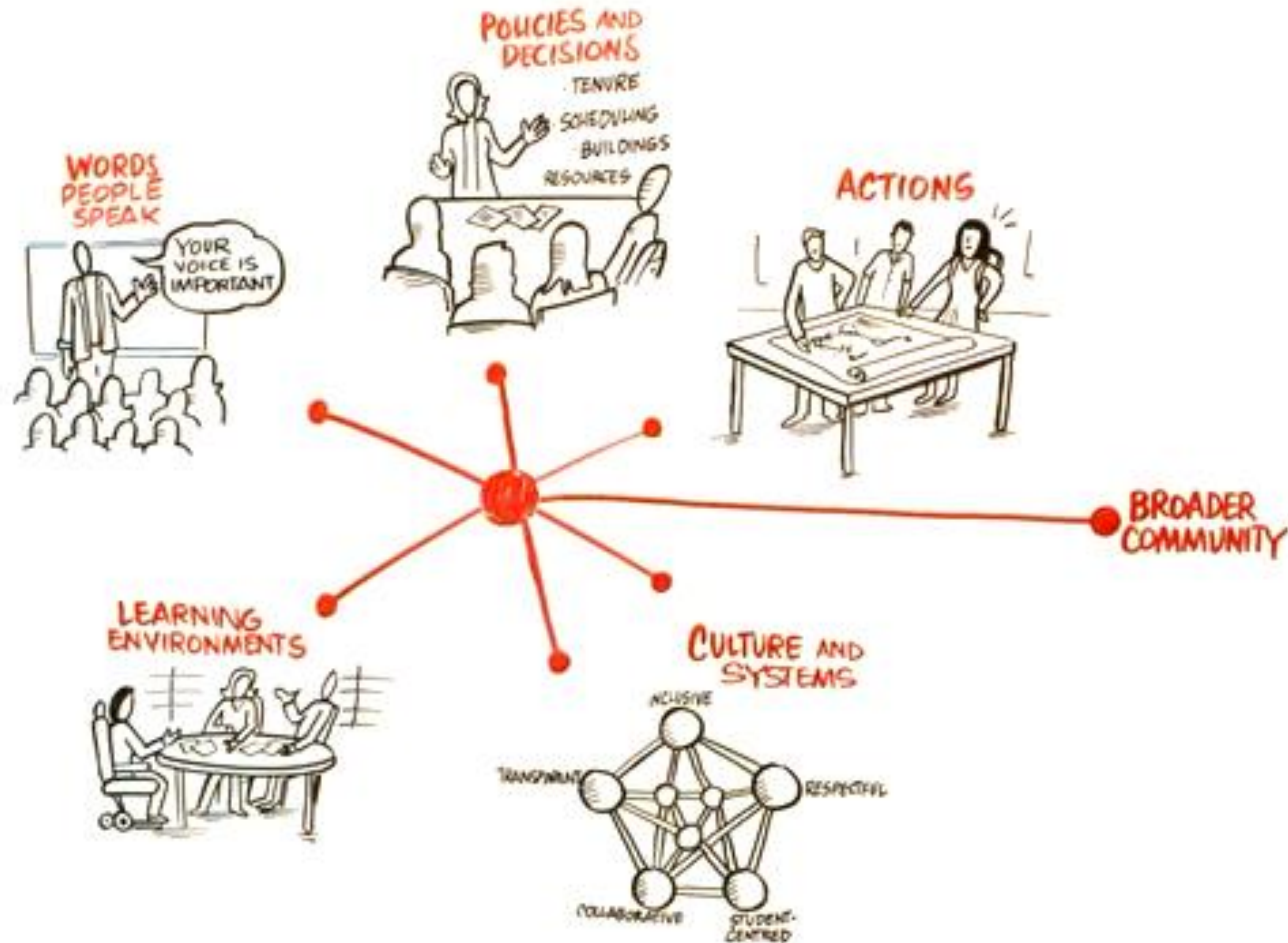
Calls to Action:

1. Embed health into all aspects of campus culture, across the administration, operations & academic mandates
 2. Lead health promotion action & collaboration locally & globally
- ➔ Salutogenic approach is explicit in Charter; importance of health literacy is implicit.



Okanagan Charter for Health Promoting
Universities & Colleges, 2015

Health Promoting Universities: How? A Whole System Approach



International Health Promoting Universities Network



International Health Promoting Universities and Colleges

Health Promoting Universities & Colleges advance the Okanagan Charter internationally, inspiring and catalyzing health promotion in higher education across the globe. Our work includes building international and regional networks, facilitating conferences, and activating the Charter through a range of initiatives worldwide.

"Health promoting universities and colleges transform the health and sustainability of our current and future societies, strengthen communities and contribute to the well-being of people, places and the planet." - the Okanagan Charter