

100 words Abstract method by Daniel Soule, North-Irland.

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The screenshot shows a Zoom meeting interface. At the top, a green banner reads "You are viewing Daniel Soule's screen" and "Daniel Soule is talking...". Below this is a slide titled "100 Word Abstract". The slide is divided into two columns. The left column contains a numbered list of five steps for writing an abstract, each with a corresponding question in brackets. The right column contains an example abstract text. A green double-headed arrow connects the title "100 Word Abstract" to the first sentence of the example abstract. A green arrow points from the first step of the list to the first sentence of the abstract. A green arrow points from the fifth step of the list to the last sentence of the abstract. The Zoom control bar at the bottom includes icons for Unmute, Start Video, Security, Participants (27), Polls, Chat, Share Screen, Record, Live Transcript, Breakout Rooms, and Reactions.

100 Word Abstract

1. Establish the context and build relevance for the topic, through an uncritical review of the literature.
[What is the context of your topic and why is it important?]
2. Identify a gap/niche/problem, do this through a critical review of the literature.
[What is the gap in the research lit?]
3. Outline what you will do to fill the gap (questions/hypoth/approach/method)
4. State what you found (top line synthesis).
[What did you discover/what does it mean?]
5. Support the summary with examples from your data.
[List your key findings?]
6. Suggest possible practical applications and/or theoretical implications.
[What are the possible applications or implications of your work?]

Reducing costs and improving clinical outcomes for patients after surgery for lower back injuries

Due to poor rehabilitation after surgery for lower back injuries, 50mill KRN are lost to the Norwegian economy annually. The most common form of rehabilitation currently is the Bradshaw protocol. However, it has a high non-completion rate and poor clinical outcomes. Therefore, this study will demonstrate an alternative approach: The Norway Swiss Ball Method (NSBM). This protocol was applied over 36mths in 5 Norwegian hospitals to nX patients. As well as being a low-cost intervention, the NSBM, produced further cost reductions through protocol adherence and better clinical outcomes for lower back injuries after surgery. The NSBM had a 55% completion rate, compared to 33% in the Bradshaw Protocol. We also had a 66% gain in function and a 33% reduction in pain, up 11% and 7% respectively. As such, the NSBM not only has the potential to reduce the burden to the economy by 1.5% if scaled nationally, but also to produce better clinical outcomes for patients.

See by the title and the two first sentences, you will know what you get by your project.

You will see this also in the movies: You mirror the start, in the end. Eksempel: Haisommer.

Recourses:

Recommended verbs for research writing:

<https://wordvice.com/recommended-verbs-for-research-writing/>

Phrasebank:

<https://www.phrasebank.manchester.ac.uk/>