

**Mbanya Vivian**

**PhD Course: A General Introduction to Theories and Methods in Research on Migration, Ethnicity and Health**

The course was offered by the Graduate School of Health and Medical Sciences, University of Copenhagen. The course number is 3756-20-00-00 and the course title is “A General Introduction to Theories and Methods in Research on Migration, Ethnicity and Health. This took place in Copenhagen, Denmark on the 24-28 February 2020.

The course was taught based on different topics.

First, we had lectures on the theories in Research on Migration, Ethnicity and Health, including—the Introduction to Concepts of Migration and Health Communicable diseases and mental health burden in migrants; Non-communicable disease burden in migrants: Research example: Innovative ways of studying the effect of migration on obesity and diabetes beyond the common designs: lessons from the RODAM study.

The next lecture topic was Methods in Research on Migration, Ethnicity and Health. We had lectures on qualitative research including recruiting, working with interpreters etc. We had research examples —including Reproductive health among migrant women; Possibilities and challenges of register-based research including research example: the DanMig Cohort.

We also had lectures on International comparative studies and community-based interventions—including an example on International comparative studies: A cross-country data comparisons; Community-based interventions to address migrant health – opportunities and challenges; and Communicating research results in a sensitive field.

Further, we had lectures on Policies: analyses and practices—including Challenges and opportunities of policy analyses in migrant health research, using Research example: MIPEX

In addition to the above, we had lecture on Participation and communication—including participatory research—using research example of community-based participatory research

We had student presentations and Panel debate on research dilemmas.

After taking the course, I gained knowledge in the area of ethnicity, migration and health. I gained knowledge in both quantitative—including registry data and community-based intervention in area of migrant health, and policy analyses in migrant health research. I also gained skills in qualitative research—including qualitative research methods and disseminating research results in sensitive field/topics.

I made a lot of network and friends in other research institutions both in and out of Norway, and for future collaboration in the field of migration and health, which we all had a common interest. Attending this course was of utmost importance for my career, and I am confident to continue in my research area of interest: Ethnicity, migration and health.

I was greatly satisfied with the course, except for the fact that it was intensive. It is unfortunate that the course was so intensive that we had no time to take pictures. We had much to learn in few days. However, the students brought this up and the organizers promised to extend the course time. We had no social activities. This was also a bad idea. The students also recommended this for the future.

Overall, the course was excellent and I will recommend it to other fellow students who are interested in Migrants health.

Thank you NRS GH for giving me the opportunity to attend the course. I was issued a course certificate.