SEMINAR FOR PHD SUPERVISORS

Dhulikhel Lodge Resort, November 9-10, 2022

At this supervision course you will 1) reflect on your supervision practice, 2) be introduced to tools, methods and mental models and try them out and 3) exchange experiences with other supervisors.

Before the course, we kindly ask you to answer a few questions and do a very small **home assignment to be handed in by October 28, 2022**. See the description in attached file (takes max. 1 hour). Selected participant cases will be integrated in the program. Due to this there might be minor changes in the program below after Mirjam Godskesen have receive your cases.

Program first seminar day (November 9, 2022, 9.00-16.30)

09.00   **Welcome and introduction**

Introduction to the course and presentation of teachers and participants.

09.15   **Capacity building in higher education** by Johanne Sundby, UiO

09.50   *Break*

10.00   **Roles and relations in PhD supervision**

Focus is on the research environment, supervisory roles, responsibilities and dilemmas, and the balancing act between supervisor direction and student independence. We also touch upon warning signs indicating that the doctoral candidate is getting 'off track'.

12.00   *Lunch break*

13.00   **Active listening – the most important dialogue skill**

The active listening tool is introduced and practiced in group work with a starting point in participants own experiences and challenges.

14.30   *Coffee/tea break*

15.00	**Aligning expectations and organizing meetings**

Often expectations are not explicit and this causes uncertainty and can lead to conflicts. The process of making expectations explicit and aligning expectations is discussed and tools to align expectations are presented.

16.30	**End of course day one**

Second seminar day (November 10, 2022, 9.00-16.00):

09.00	**The Doctoral journey – process supervision and planning**

High self-efficacy is closely related to PhD candidates' productivity, well-being and completion. But how can you, the supervisor, help them obtain this? How can you support work efficiency and help PhD students create small success stories continuously? And is it your responsibility? We address the following topics:

- How can you create a trustful relationship with your PhD candidate?
- How can you help the PhD candidate set the right level of expectation?
- How to help the PhD candidate prioritize tasks and make realistic plans?
- How to support DEEP WORK

12.00	*Lunch break*

13.00	**How to facilitate PhD students writing**

How can you help your PhD student develop good writing habits? Early Warning signs will be addressed and tools will be presented. The format is a lecture combined with discussions and group exercises.

14.00	*Break*

14.15	**How to motivate through constructive feedback**

Feedback is at the core of PhD supervision. 'Is it good enough?' is often the PhD candidate's main question. This session will combine lectures, discussions and a group exercise on how to provide constructive feedback.

15.45	Wrap up

16.00	**End of course day two**