

What to do/see in Trondheim

Nidarosdomen (Trondheim's cathedral, Archbishop's Palace and the Crown Regalia)

Kongsgårdsgata 2, 7013 Trondheim

Phone number: +47 73 89 08 00

Email: booking.ndr@nidarosdomen.no

Webpage: nidarosdomen.no

Kristiansten Festning (Trondheim's fort)

Kristiansten Festning, 7015 Trondheim

Phone number: +47 46 87 04 00

Email: servicesenter@forsvarsbygg.no

Webpage: forsvarsbygg.no

Ringve music museum and botanical garden (museum of musical instruments; botanical garden)

Lade alle 60, 7041 Trondheim

Phone number: +47 73 87 02 80

Email: post@ringve.no

Webpage: ringve.no

Sverresborg Museum (open-air museum)

Sverresborg Allé 13, 7020 Trondheim

Phone number: +47 73 89 01 00

Email: post@sverresborg.no

Webpage: sverresborg.no

Sightseeing around the city:

- [Gamle Bybro](#) (The Old Town Bridge): next to the Cathedral
- [Bryggerekka](#) (the old wharfs area in Bakklandet): Kjøpmannsgata, Bakklandet, Fjordgata and Sandgata.
- [Trondheim Torvet](#) (the town square): at the Kongens gate and Munkegata intersection
- [Vår Frue Kirke](#) (Middle Age church): Kongens gate 5
- Walk by the piers: From Solsiden to Brattørkaia, St Olavs pier and the Ila area.

Hiking trails

- [City centre](#)
- [Ilabekken](#)
- [Lade trail](#)
- [Bymarka \(Grønlia\)](#)
- [Forsvarsrunden](#)
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Shopping: [Trondheim Torget](#); [Solsiden shopping center](#)

TRONDHEIM City Centre

TOP ATTRACTIONS

1. Nidarosdomen - Cathedral
2. Archbishop's Palace
3. The Royal Regalia Exhibition
4. Sverresborg Open Air Museum
5. Ringve National Museum of Music
6. Rockheim - National Museum of Popular Music
7. Trondheim Art Museum
8. National Museum of Decorative Arts
9. Trondheim Maritime Museum
10. Museum of Culture and History of the Deaf
11. The Old City Bridge
12. Colourful Wharfs
13. "Trampe" - Bicycle Lift
14. Kristiansten Fortress
15. Munkholmen Island
16. Science Centre
17. Lerkendal Football Stadium
18. Dora 1 - German Bunker

SIGHTSEEING ROUTES

- Basic route (5 km)
- Long route, cycling (11 km)
- Route from Ila (2km, one way)
- Kayaking route

LEGEND

- Tourist information
- Public toilet
- Quay
- Passenger ferry
- Railway station
- Taxi rank
- Tramway
- Indoor swimming pool
- Open air swimming
- Public library
- Letter box
- Police
- Bus stop, shuttle bus
- (M2) Bus 3 or 4 for Ringve Museum
- (K1) Bus 18 or 8 for Sverresborg Museum
- Bus 46 to City Centre
- Shopping
- Old and picturesque wooden buildings
- Other important buildings



Practical information

Tourist Information in the city center

Visit Trondheim

Krambugata 2 (above the restaurant)

7011 Trondheim

Email: post@visittrondheim.no

Webpage: <https://www.visittrondheim.no/>

Public transport: Bus and Tram (visit [AtB's website](#))

Going to the airport

Train: [Vy local train](#), 35min from Trondheim S in the city center. Price: From NOK 100

Bus: [Værnes-Ekspressen](#), 40 min from the city center (Dronningens gate D2 or Trondheim S). Price: About NOK 180

Emergency services

Emergency room at St. Olavs Hospital

Mauritz Hansens gate 4, 7030 Trondheim

Phone number: [+47 116 117](tel:+47116117)