

## Project participants and partners

- Developer: R8 property
- General contractor: Skanska Norway AS
- Design group main participants:
  - Snøhetta (Architect),
  - Skanska Teknikk (Energy performance, Building Physics and BREEAM)
  - Asplan Viak (Structural, fire safety, Solar, HVAC)
- Other partners: ENOVA grant for ca. 12 MNOK

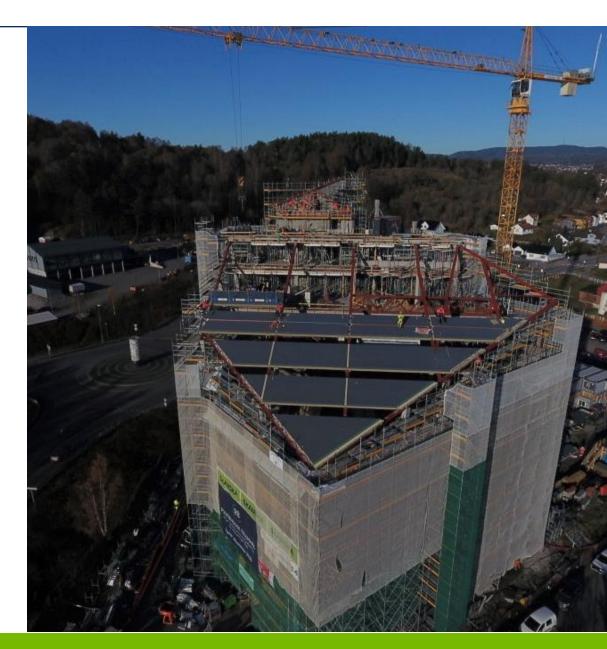






## General project information

- 11 story office building
- Includes offices, open office landscapes, meeting rooms, canteen and a conference room
- Energy ambition Powerhouse plus energy building
- BREAM Excellent



#### What is a Powerhouse?

- Must produce enough renewable, locally produced energy to cover the following energy needs over a 60 year period:
  - Primary energy for operation
  - Primary energy for production of materials used in building
  - Primary energy used for transportation
  - Primary energy needed for renovations and demolition (assume normal refurbishment and improvements in solar cell efficiencies)

Energy needed for plug loads are not included in the definition

# Climate envelope

U-values

Insulated concrete slab on ground

- Roof

- Wall type 1

Windows doors and glass facades

\*\* Includes frames and aluminum profiles

Infiltration, 0,4 air exchanges at 50 Pa pressure difference

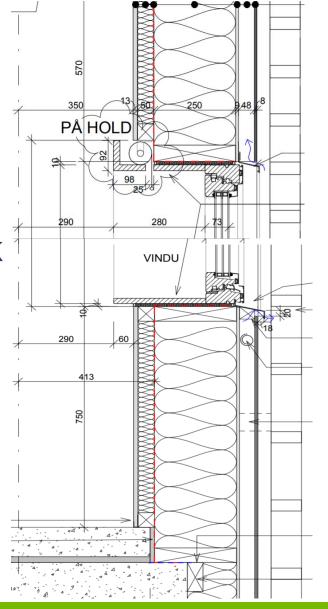
Normalized heat loss through thermal bridges = 0,03 W/m²K

0,11 W/m<sup>2</sup>K

 $0,10 \text{ W/m}^2\text{K}$ 

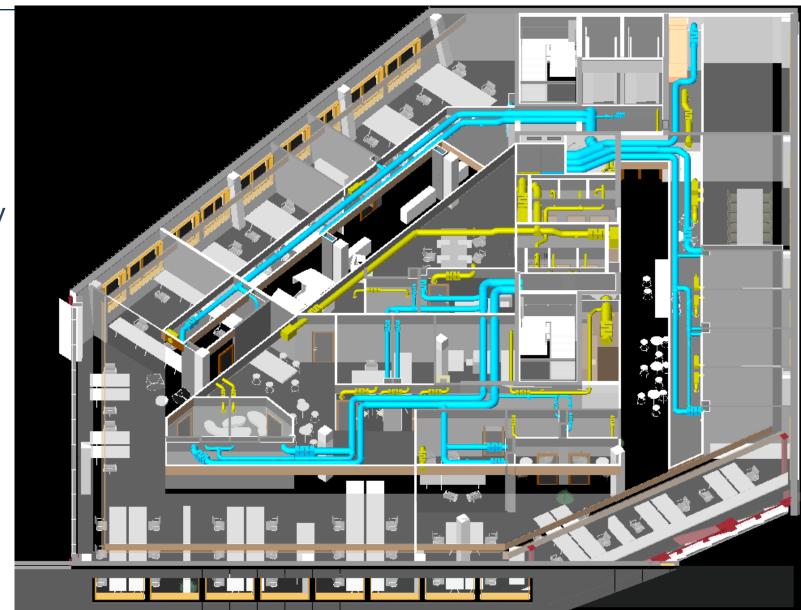
0,15-0,17 W/m<sup>2</sup>K

0,79 W/m<sup>2</sup>K\*\*



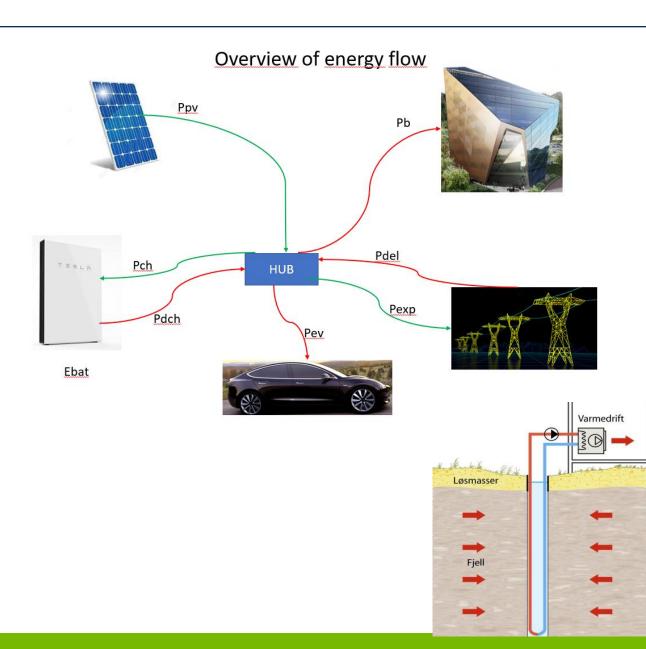
#### Ventilation

- VAV- displacement ventilation system
- Branches out from central duct in ceiling and supplied in occupancy zones.
- Distribution -overflow units.
- Average ventilation rate 5-6
  m<sup>3</sup>/m<sup>2</sup>h for winter and summer
- SFP = 0,6-0,75 kW/m<sup>3</sup>/s winter and summer
- Rotating heat recovery system 85-87 % efficiency



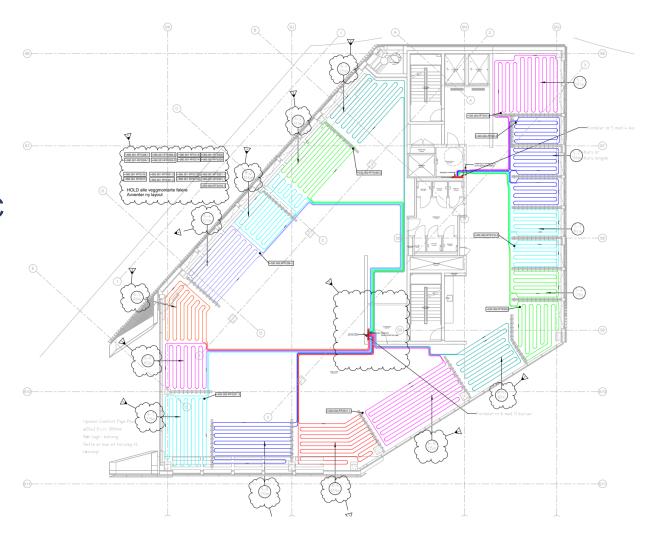
# **Energy supply**

- 9 thermal energy wells
  300m deep connected to heat pump
- 100% heating energy need covered by heat pump
- Solar electric energy
- Grid energy
- Possibility for battery storage 130 kWh

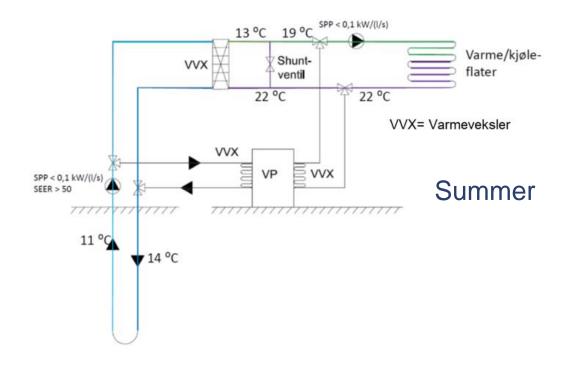


# Heating and cooling

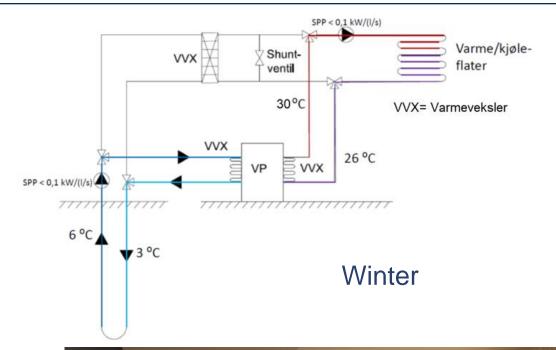
- Floor heating/cooling system (Lowex)4 m depth from the facade)
- Temperature stable at 21,5°C
- Supply temperatures heating 23-30°C
- Supply temperature cooling 19°C
- SCOP 4,5 for heating
- SCOP 20-30 for cooling
- Hot tap water local electric boiler



### Lowex



- Low temperature heating
- High temperature cooling





# Lighting

- Tailored lighting according to seating plan.
- Maximised use of natural daylight
- Commercially available LED 100 lm/W
- $-6.3 \text{ kWh/m}^2 \longrightarrow 2.3 \text{ W/m}^2$
- Daylight and motion activated sensors
- 300 lux at each work station



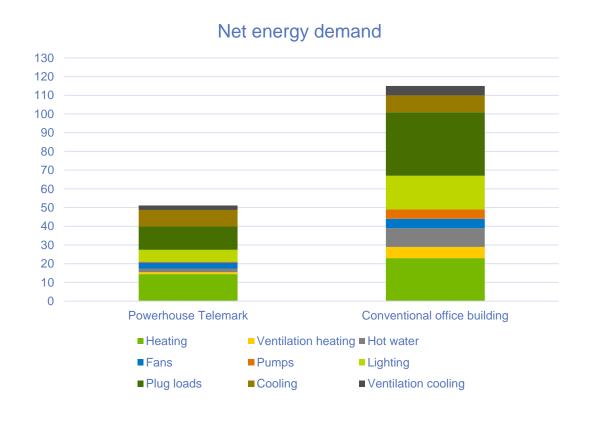
# PV energy production

- Monocrystalline solar panels 22 % efficiency
- Approximately 800 m<sup>2</sup> on roof, 300 m<sup>2</sup> in façade and 300 m<sup>2</sup> on carport
- Total production 248 000 kWh/year
- Set up for 130 kWh battery



TESLA

# **Energy Performance**



#### Net delivered energy 160,0 140,0 120,0 100,0 80,0 60,0 40,0 20,0 0,0 -20,0 -40,0 -60,0 Powerhouse Telemark Conventional office building ■ Room heating (Heat pump) Room heating (Electric) ■ Ventilation heating (Heat pump) ■ Ventilation heating (Electric) ■ Hot water (Heat pump) ■ Hot water (Electric) ■ Fans Pumps ■ Lighting ■ Plug loads ■ Ventilation cooling ■ Local cooling Solar panels internal use Solar panels export

#### Conclusion and lessons learnt

- Traditional problems; daylight vs thermal comfort
- Change of loadbearing structure from wood to low carbon concrete- changed foundation and plan layout
- Windows in the roof proved challenging- (snow, water and light and solar panels)
- Large areas needed for solar power production
- Office buildings are well suited for Lowex in Nordic climates provided normal internal thermal loads.
- Longer process more people involved in decision making (linked to BREEAM)