

Workshop: A tool for young researchers within health and sustainability

We want to support our PhD-candidates working within sustainable healthcare and health. Therefore, we will hold an interactive workshop designed to achieve the following goals:

1. Getting to know each other and creating a small and supportive community of researchers within health and sustainability.
2. Helping you reflect and become more aware of the many demands that a PhD in health and sustainability brings with it, preparing you to better deal with conflicting demands and tensions.
3. Building a simple and user-friendly tool (a sustainability research journal) together, which could help you manage your commitments and advocate the necessary changes to make sustainable health research more rewarding and effective.

3rd of May 09:00-13:00
Room 329, Hovedbygningen, Gløshaugen

Workshop plan

(Coffee breaks in between)

Part 1 – Getting to know each other

- 09:00-09:10 Introduction by Giovanni De Grandis (workshop leader)
- 09:10-10:00 Round of presentations (part 1) – The PhD-students briefly present their project and their approach to sustainability. You are welcome to prepare 1 (only 1!) slide about your research that we can also print and distribute.

Part 2 – The many demands of research and sustainability

- 10:00-12:00 Workshop: The ethics of research and the ethics of sustainability
The PhD-candidates will work in small groups (of 3 or 4). Through a set of exercises and discussions, the participants will become more aware of their own ethical commitments and values as researchers, of the moral norms and responsibilities within their research environment, and of the demands coming from a commitment to sustainability. The exercises have two aims:
- 1) Helping participants to understand the challenges and tensions that a commitment to sustainability may bring to a young researcher.
 - 2) Provide support and strategies to help navigate those challenges.

Introduction

Session one – know your (researcher)-self

Session two – know your research environment

Session three – the sustainability challenge

Part 3 – Working together (and having lunch)

- 12:00-13:00 Ideals and reality – dealing with gaps and failures – A simple tool:
The sustainability research journal
Group work – Customizing the sustainability research journal