



# LUNCH & LEARN

## MOTIVATION & PROCRASTINATION

**FEBRUARY 27, 2024**  
**11:30-13:00**  
**ZOOM**

**JOIN TNNN AND  
DESIREE DICKERSON, PHD**

Why do we procrastinate, and what can we do about it? What motivates us? How can we build strategies to combat our procrastination tendencies? Join us as we explore all this and more!



Scan to register  
Registration deadline is  
20 February 2024

website: <https://www.ntnu.no/machform/view.php?id=1489006>