



LUNCH & LEARN

MOTIVATION & PROCRASTINATION

FEBRUARY 27, 2024
11:30-13:00
ZOOM

**JOIN TNNN AND
DESIREE DICKERSON, PHD**

Why do we procrastinate, and what can we do about it? What motivates us? How can we build strategies to combat our procrastination tendencies? Join us as we explore all this and more!



Scan to register
Registration deadline is
20 February 2024

website: <https://www.ntnu.no/machform/view.php?id=1489006>