

# Methods, indicators and solutions for sustainable hydropower ...and some reflections

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# What is hydro-morphology?



**Flow, riverbed, riparian zone**

**Velocity, depth, turbulence, substrate, physical habitat, river banks, floodplain**



**Directly impacted by hydropower**



# Hydrology

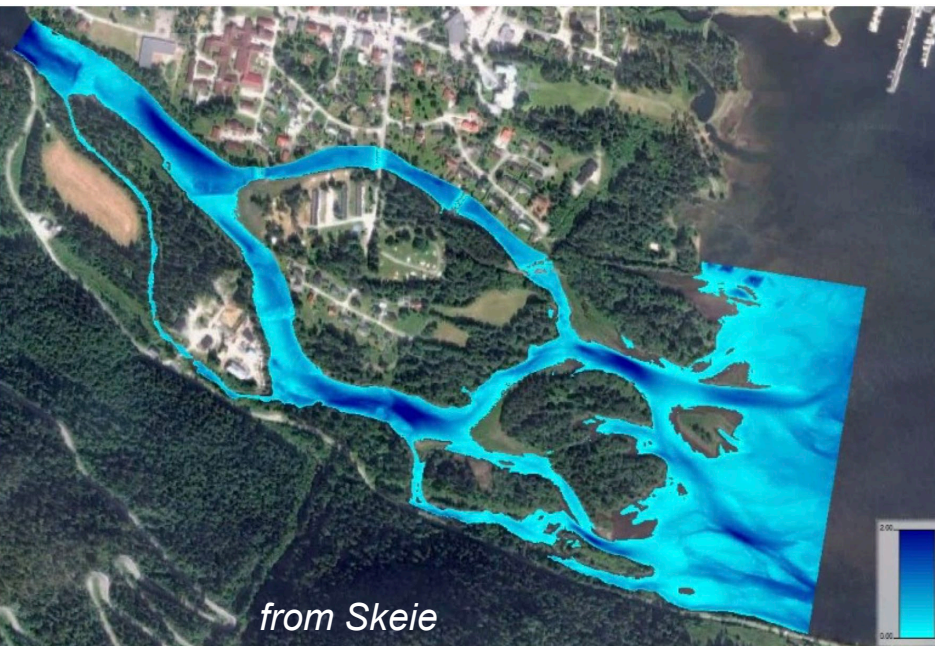
Flow  
variation  
in time



*from Bizzi*



# Geomorfologi



*from Skeie*



# Two dilemmas about WFD

**Hydro-morphology  
= supporting element**



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**= fundamental for  
the ecosystem**

# Two dilemmas about WFD

**Hydro-morphology  
= supporting element**



**= fundamental for  
the ecosystem**

**Water is flowing from  
source to sea**



**Continuous processes**

**...difficult to split into units**

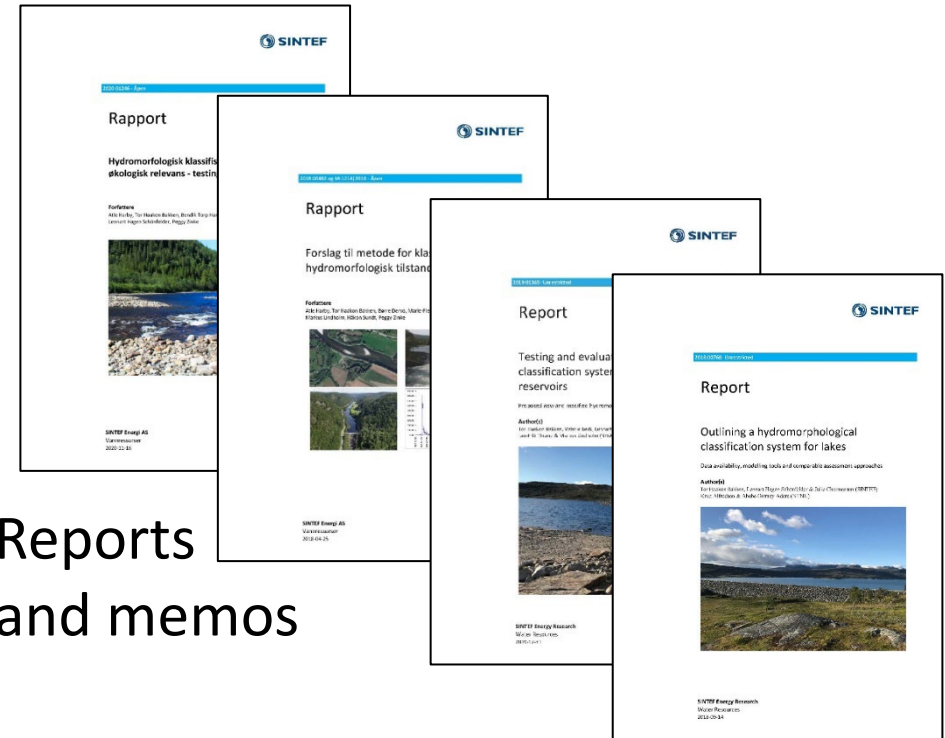
# HyMo 1.0 report – final suggestion for Norwegian authorities



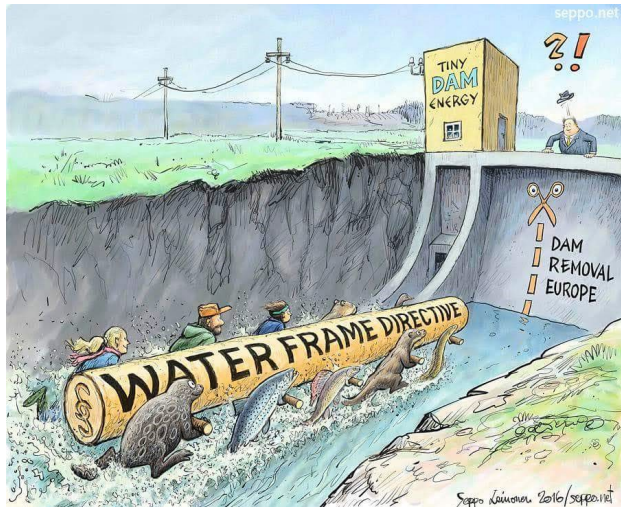
Field work and testing different methods



11 workshops



Reports and memos



HyMo 1.0 report

Topic	Indicator for change	Class borders					
		Natural	Small changes	Moderate changes	Large changes	Very large changes	
Along the river	Lateral connectivity	<5%	5-20%	20-50%	50-80%	>80%	
	Embankments	<5%	5-20%	20-50%	50-80%	>80%	
	Riparian vegetation	<5%	5-20%	20-50%	50-80%	>80%	
	Channelization	<5%	5-20%	20-50%	50-80%	>80%	
	Incision	Average incision of the river [m]	< 0,5m	0,5-1m	>1,5m		
Across the river	Barriers inside the water body	Number of barriers (absolute/partly) [#]	None/ none	None/ < 2	<2 / <3	<3 / <5	≥3 / ≥ 5
	Backwater effect inside the water body	Running meters of river impacted from backwater effect [%]	<10%	10-30%	30-50%	50-80%	>80%
	Barriers in upstream catchment/water bodies	Distance to upstream barrier [km]	None	> 50km	10-50km	2-10km	<2km

Suggested indicators





Eco Hydrology

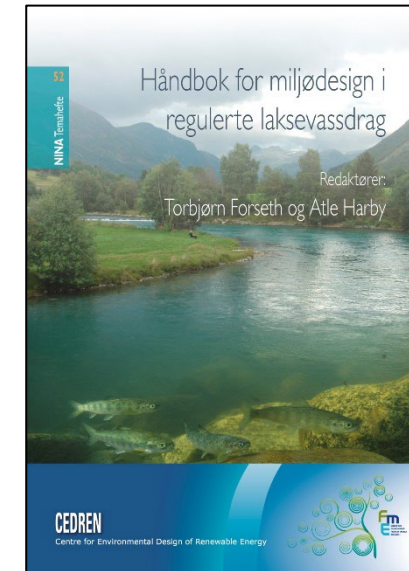
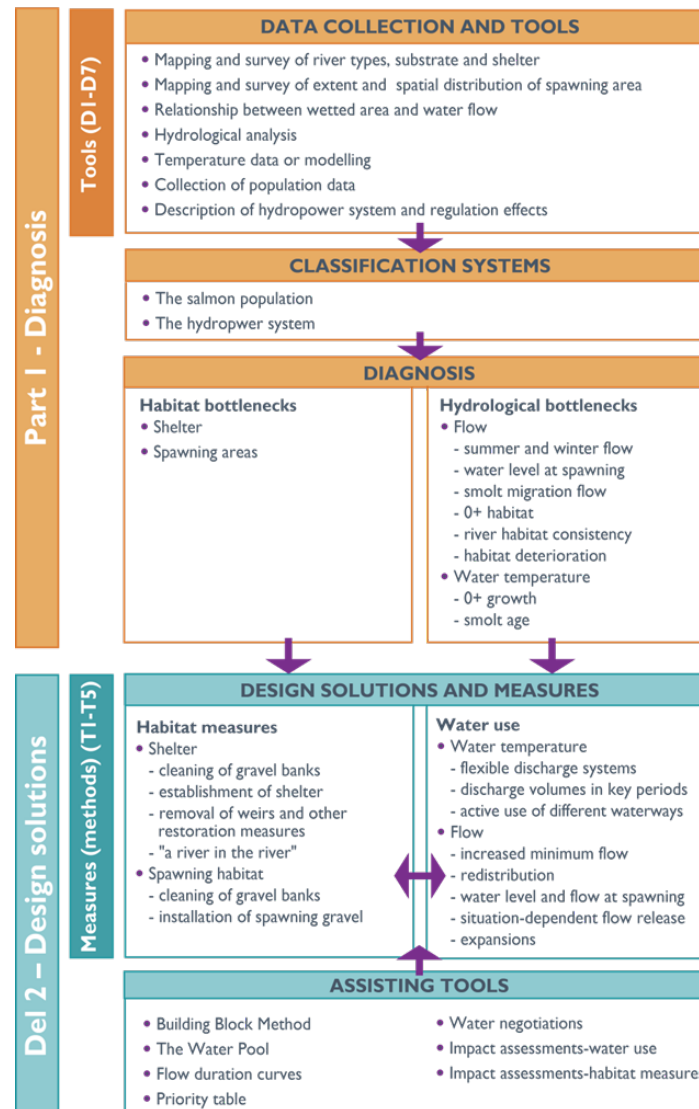
Environmental design



Hydropower

# Environmental design – what is it?

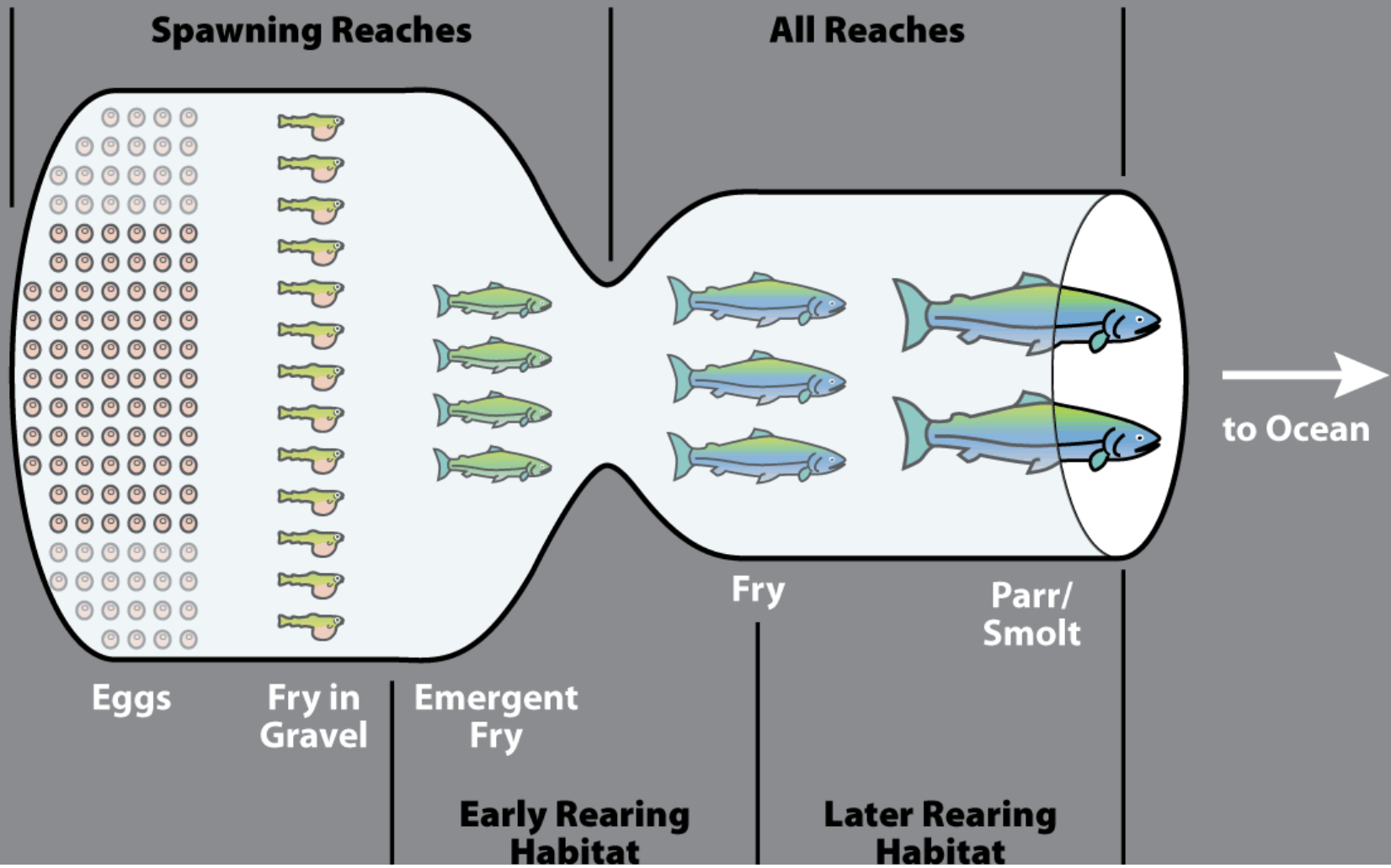
- A **method** to consider power production, societal needs and the environment
- A **systematic approach** combining recognized and new knowledge
- **Handbook**, course and a set of tables and graphs for hydropower and salmon
- Under further **development** to include other species, biodiversity, recreation and other services



- Methods for Atlantic salmon
- These methods also applicable for other species and services
- Printed and pdf available in English, Norwegian and Chinese

Free download at:  
[www.cedren.no](http://www.cedren.no)

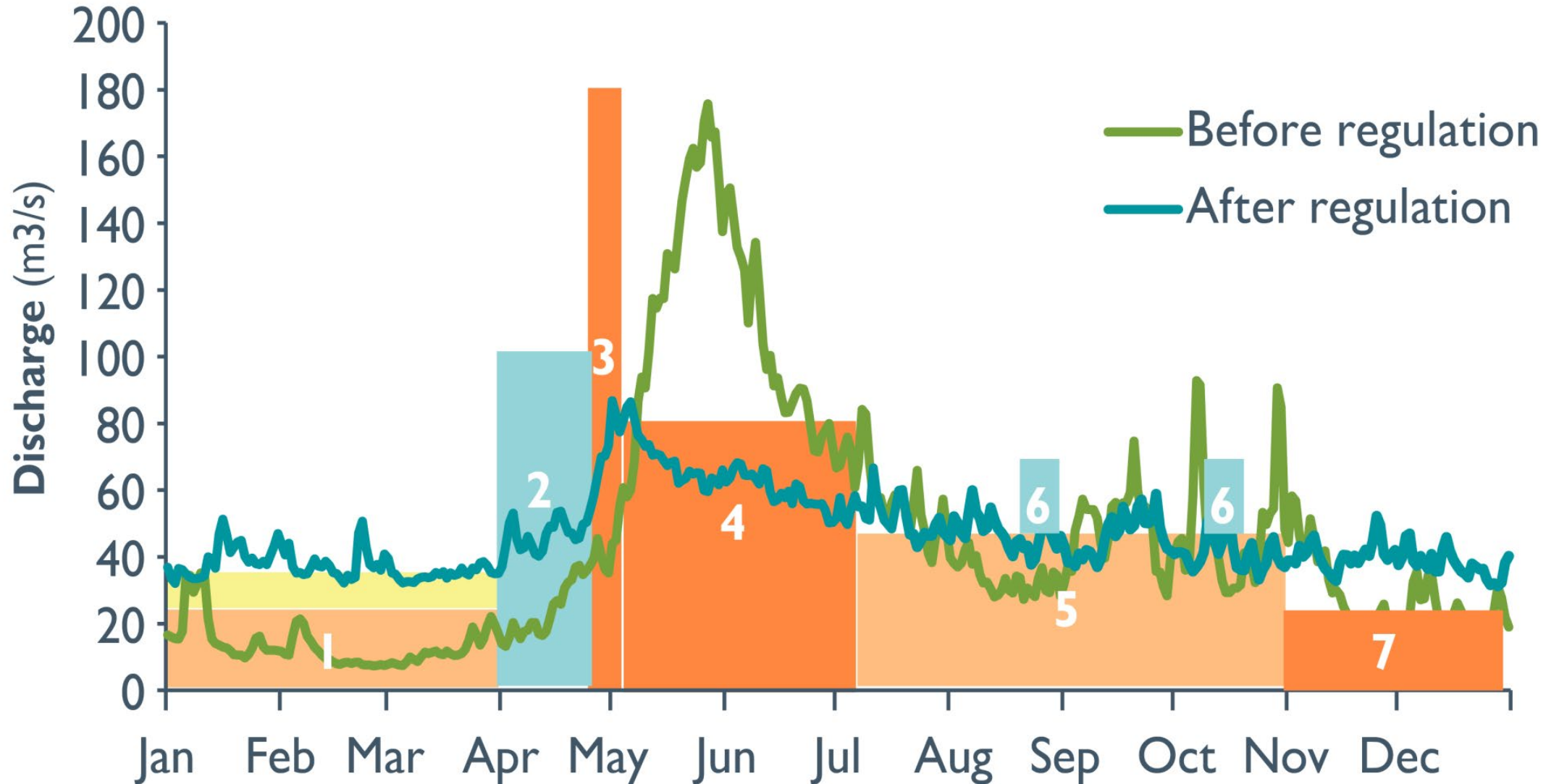
# HABITAT BOTTLENECK



Fish dies only once!



# Design solutions – how to use water?



# Mitigation measures – design solutions



Environmental flow release



Stable temperature and ice cover



Introduce "a river in the river"  
when water is withdrawn



Two-way migration solutions



Improving habitats



"Water bank"

# Species, activities and services



Other species and habitats



Flood protection



Energy services



Recreation and tourism



Distance between spawning habitats (across all segments)		Extent of spawning habitat as a percentage of river area.		
		Small (<1%)	Moderate (1-10%)	Large (>10%)
		Large (>500 m)	Small	Small
Medium (200-500 m)	Small	Moderate	Large	Large
Small (<200 m)	Moderate	Large	Large	Large

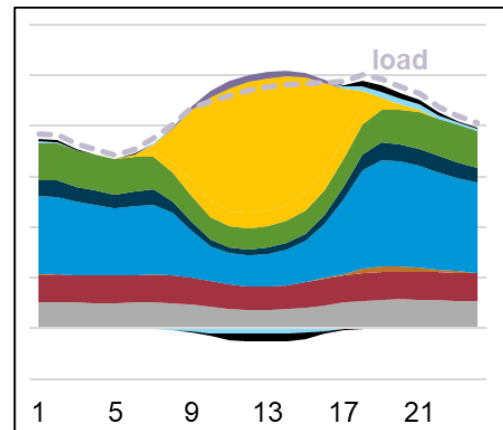
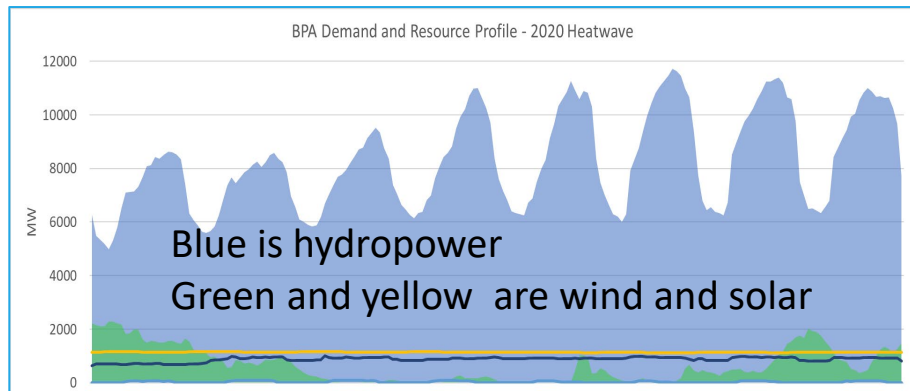
Segment	Length (m)	Population migration step	Habitat suitability	Spawning area (m²)	Spawning area (m²)	Spawning area (m²)	Spawning area (m²)	Spawning area (m²)	Spawning area (m²)	Spawning area (m²)	Spawning area (m²)
1	1000	1	1	1	1	1	1	1	1	1	1
2	1000	1	1	1	1	1	1	1	1	1	1
3	1000	1	1	1	1	1	1	1	1	1	1
4	1000	1	1	1	1	1	1	1	1	1	1
5	1000	1	1	1	1	1	1	1	1	1	1
6	1000	1	1	1	1	1	1	1	1	1	1
7	1000	1	1	1	1	1	1	1	1	1	1
8	1000	1	1	1	1	1	1	1	1	1	1
9	1000	1	1	1	1	1	1	1	1	1	1
10	1000	1	1	1	1	1	1	1	1	1	1
11	1000	1	1	1	1	1	1	1	1	1	1
12	1000	1	1	1	1	1	1	1	1	1	1
13	1000	1	1	1	1	1	1	1	1	1	1
14	1000	1	1	1	1	1	1	1	1	1	1
15	1000	1	1	1	1	1	1	1	1	1	1



Guidance, methods and tools

# Dunkelflaute

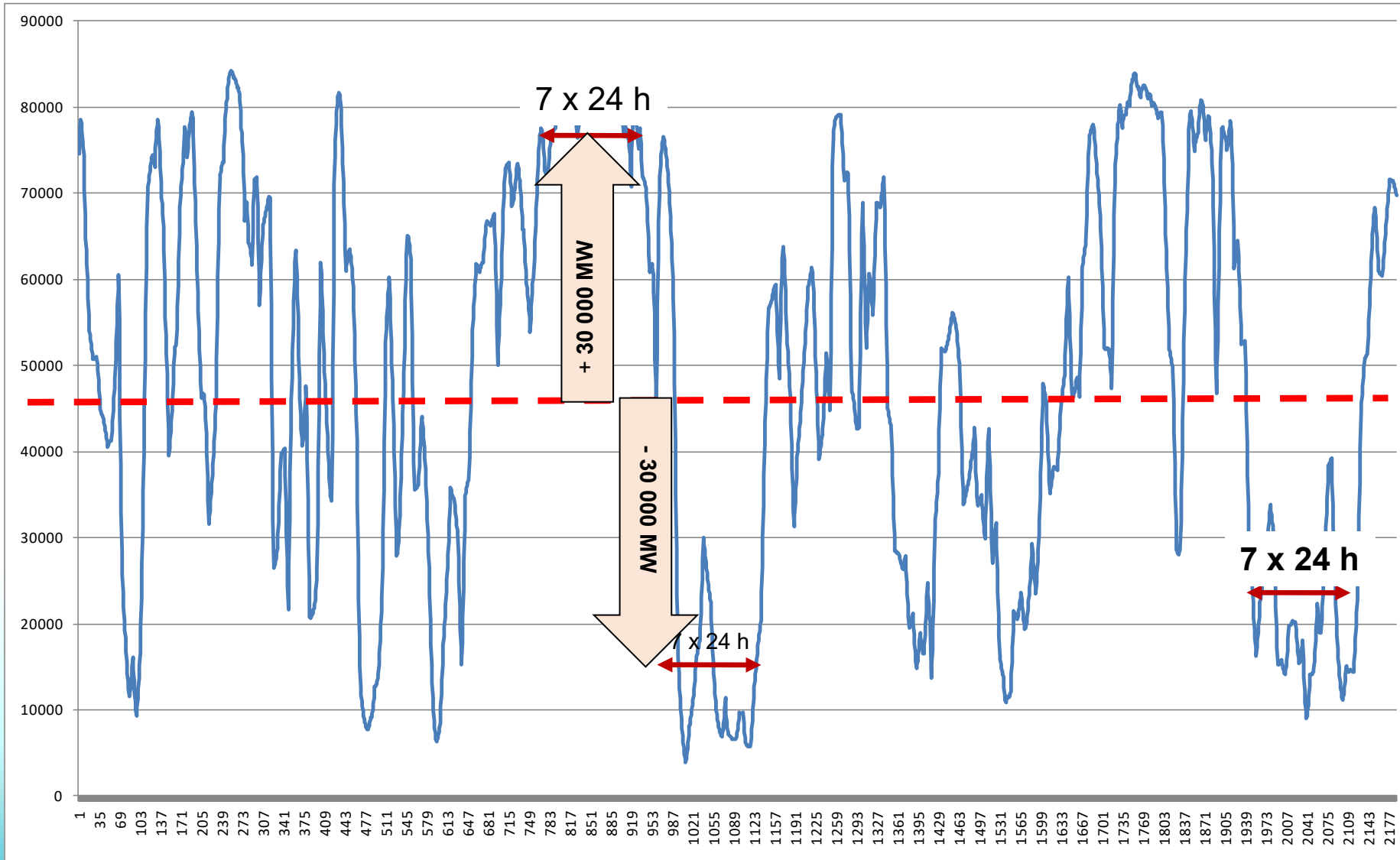
- periods with hardly no wind, nor solar power



**Surplus periods**  
- how to use excess energy and avoid curtailing generation?



# Simulated wind production in the North Sea area in 2030



One week balancing  
= 30 000 MW in 168h  
= 5 000 GWh energy

= 1 000 typical PSH

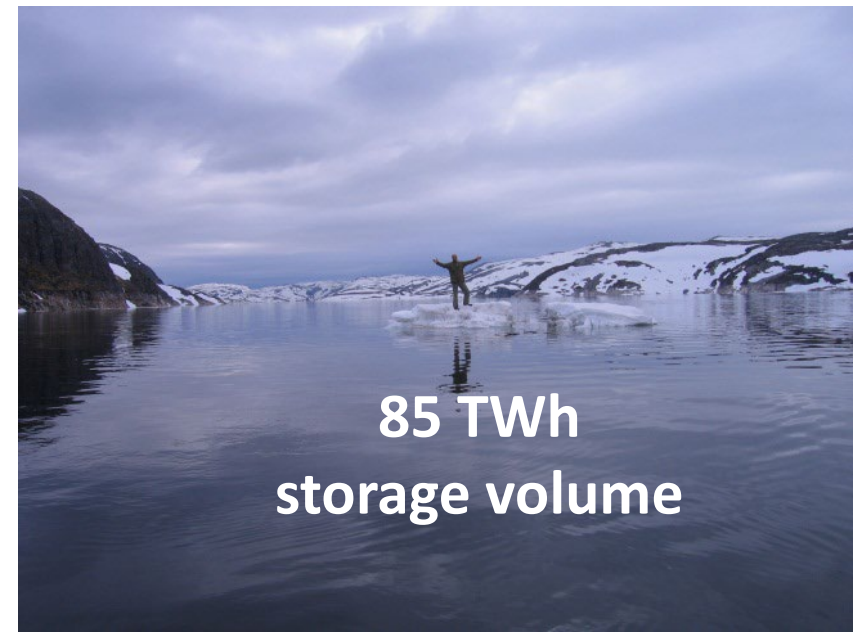
= 38 700 Hornsdale  
Power Reserve  
(Elon Musk battery  
project in Australia)



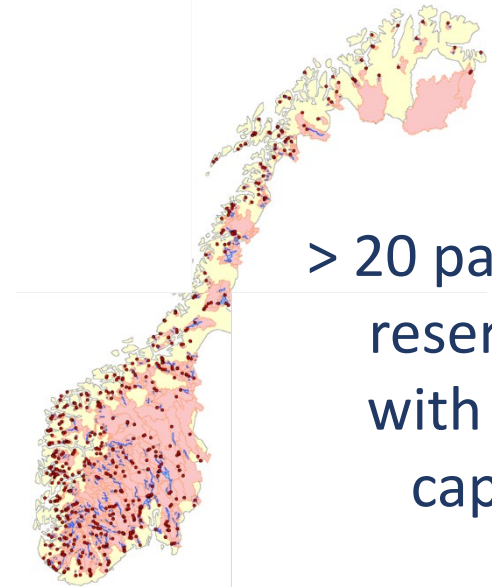
*from IEA TCP Hydropower*

# Upgrading capacity in Norwegian hydro

**20 000 MW possible by only  
using existing reservoirs**



**85 TWh  
storage volume**

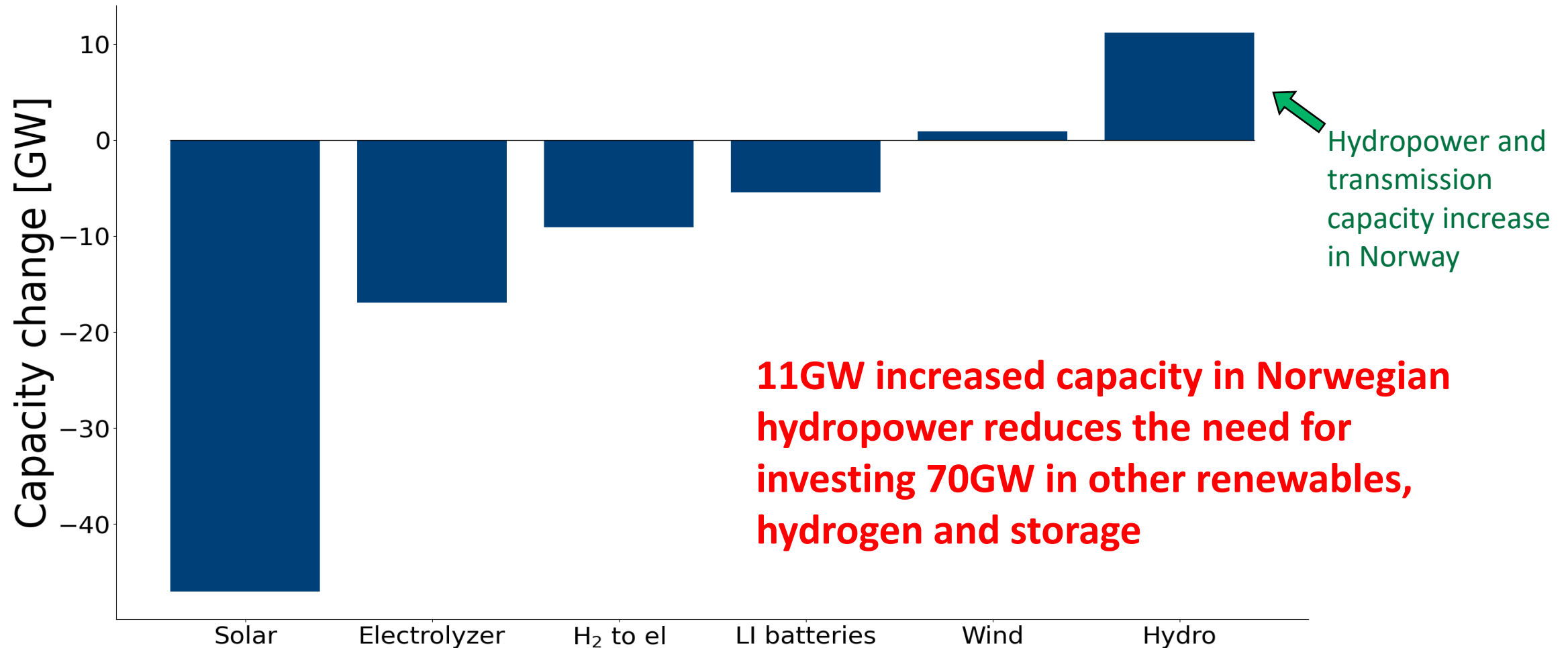


**> 20 pairs of  
reservoirs  
with large  
capacity**



# The amount of solar PV, hydrogen and batteries needed in Europe reduced substantially

Installed capacity change from 2050 baseline to extended - Europe



# 7 AFFORDABLE AND CLEAN ENERGY



Ensure access to affordable, reliable, sustainable and modern energy for all

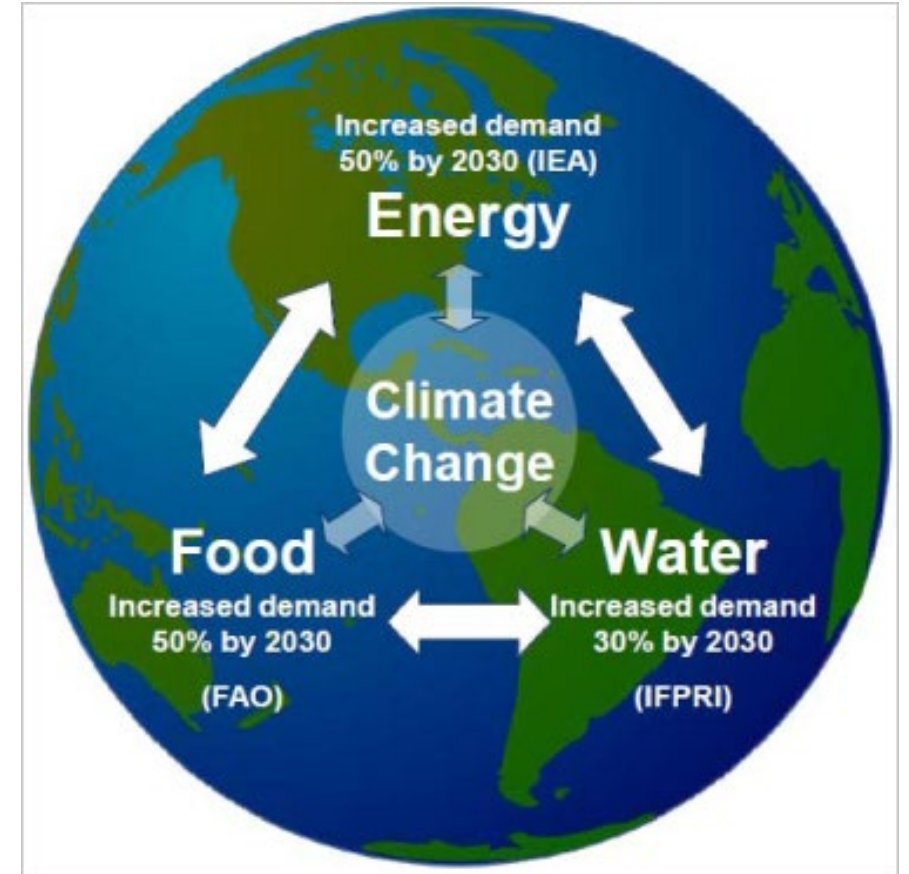
# 6 CLEAN WATER AND SANITATION



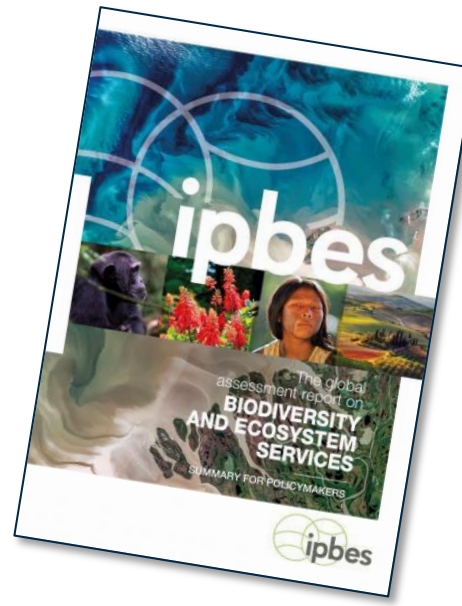
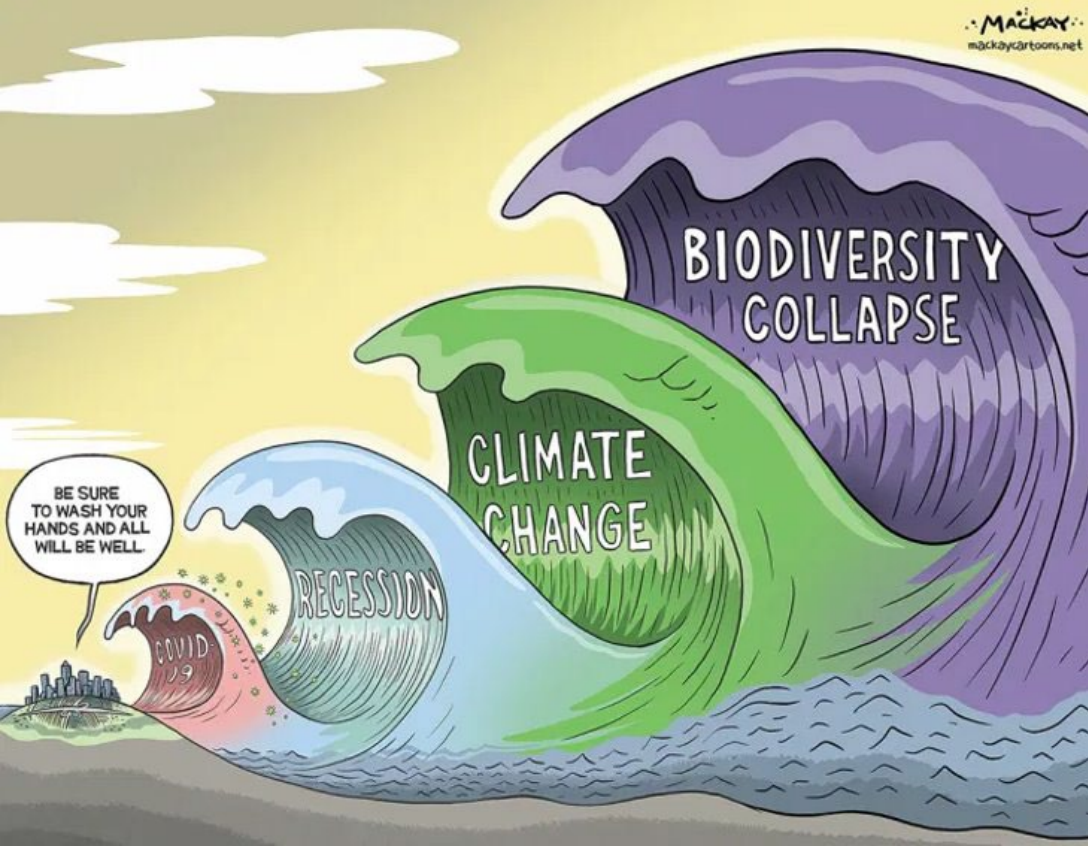
# 13 CLIMATE ACTION



# 2 ZERO HUNGER



**The role of hydropower?**



Requires hydropower companies to declare their impact and dependency on nature and climate,



# Environmental and social impacts



**Need to keep some  
undisturbed nature**

**Perfect for  
hydropower**



Pristine  
areas in dark  
green

*from Lars Haltbrekken*

# What is sustainable hydropower?

- Sustainable hydropower leads to:
  - Energy for all
  - Clean water and sanitation
  - Zero hunger
  - Economic growth
  - Sustainable communities
  - Life on land (including freshwater)
- Sustainable hydropower must not be seen isolated from the society
- Good practice hydropower
  - Adapted to local challenges and needs
  - Meeting global requirements

- What is sustainable hydropower?

**It's the wrong question to ask!**

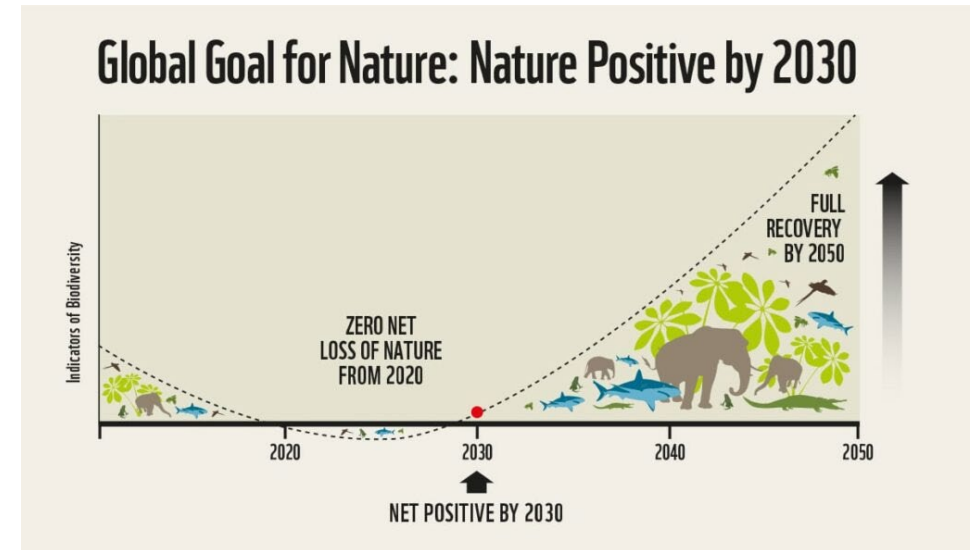
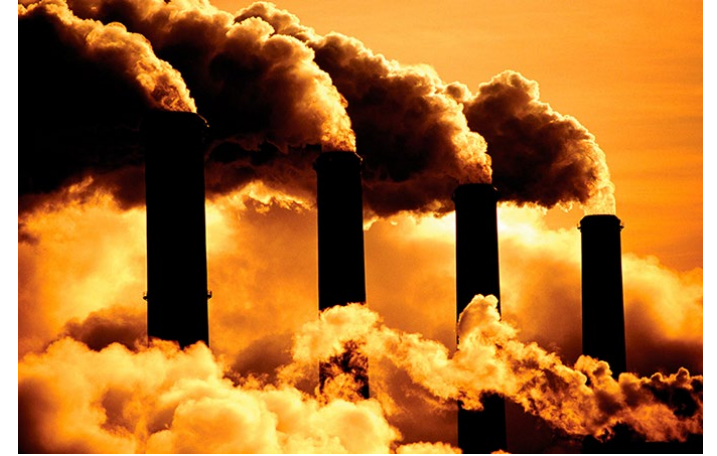
**Hydropower that provides energy, water management for all users and interests and contributes to welfare**





# What is a sustainable energy system?

- What is the alternative to hydropower?
  - ~~More efficient energy generation~~
  - More efficient energy use
  - Less energy use ...but more electricity
  - ~~Fossil fuels~~
- We must have a holistic view
  - Maximise reduction in CO<sub>2</sub> emissions
  - Maximise benefit for society
  - Include effects of alternatives (also the zero-alternative = doing nothing)
  - Minimise impact on nature  
→ becoming nature positive



A scenic landscape featuring a calm river in the foreground, reflecting the sky and surrounding greenery. The river is bordered by lush green grass and trees on the left. In the background, there are dense forests of evergreen trees and rolling hills under a bright blue sky with scattered white clouds. Power lines are visible stretching across the scene.

**Thank you for your attention!**

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