



Sone

KALAS  
& CAFE

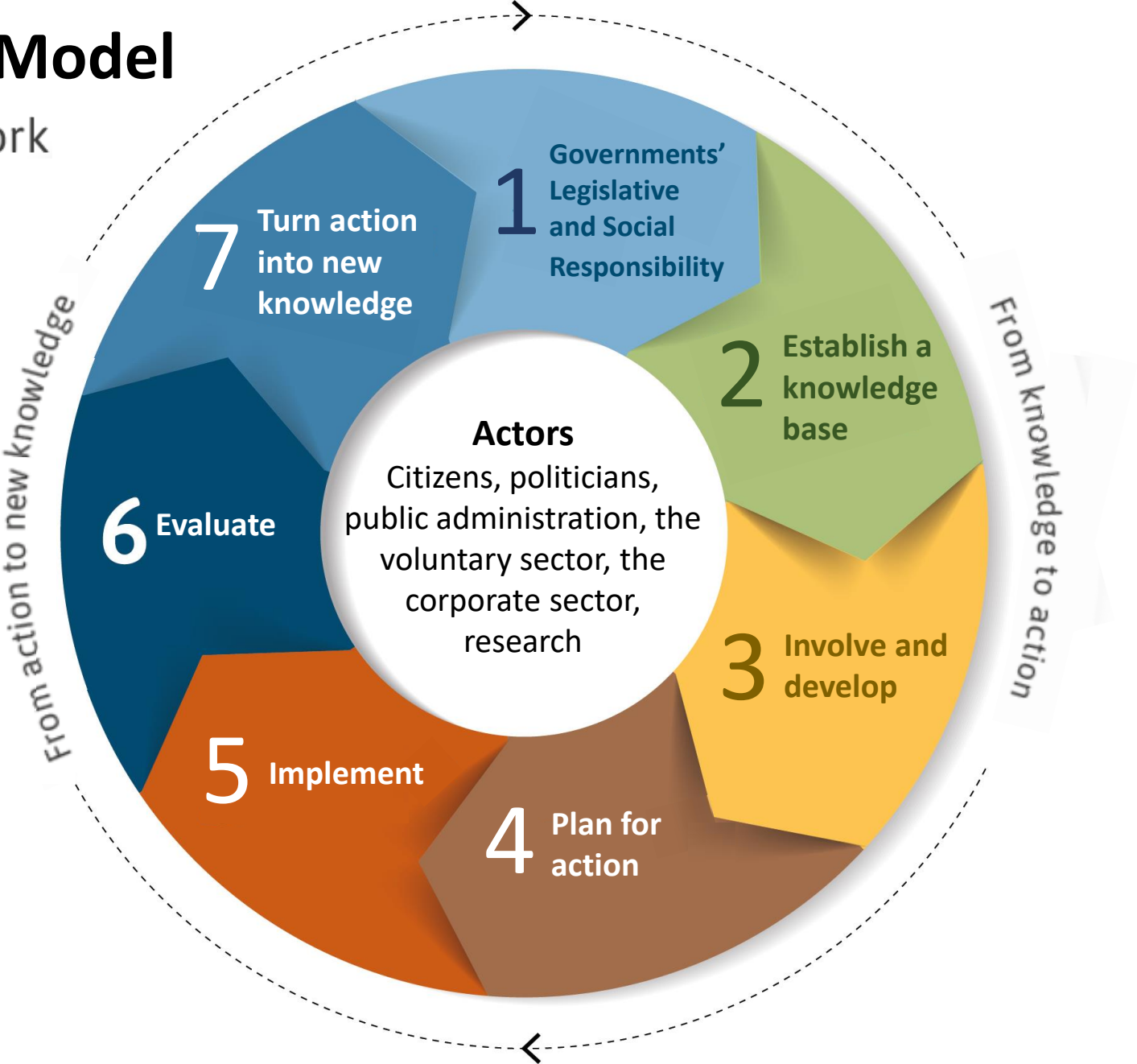


# THE TRØNDELAG MODEL

for Public Health Work

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## STEP 1

# Governments' Legislative and Social Responsibility (Societal mission)

### RECOMMENDED PROCESS

- Obtain an overview of the health status and factors influencing health
- Anchor public health work in the planning and management system
- Develop strategies for involvement and participation
- Develop a strategy for cross-sectoral interaction

### Check list

- You have an overview of the health status and factors influencing health in your municipality.
- Public health is anchored in your municipality's plans.
- Your municipality has established arenas for involvement and methods to bring out all views in community planning.
- Public health work is managed so that it can be carried out across sectors and policy areas.



## STEP 2

# Establish a knowledge base

### RECOMMENDED PROCESS

- Obtain an overview of the knowledge that will form the basis for decision-making
- Develop procedures for information gathering
- Create a common understanding of the challenges

### Check list

- Your municipality has established clear procedures for gathering the best available knowledge.
- All actors have a common understanding of the specific set of challenges in your municipality.



## STEP 3

# Involve and develop

### RECOMMENDED PROCESS

- Search conference
- Group work session – day 1: Develop ideas
- Group work session – day 2: Prioritise

### Check list

- What is the most relevant topic for the conference in your municipality?
- Who are the most relevant participants?
- Who can act as presenters?
- Who should manage the process?
- Who can coordinate the work going forward?

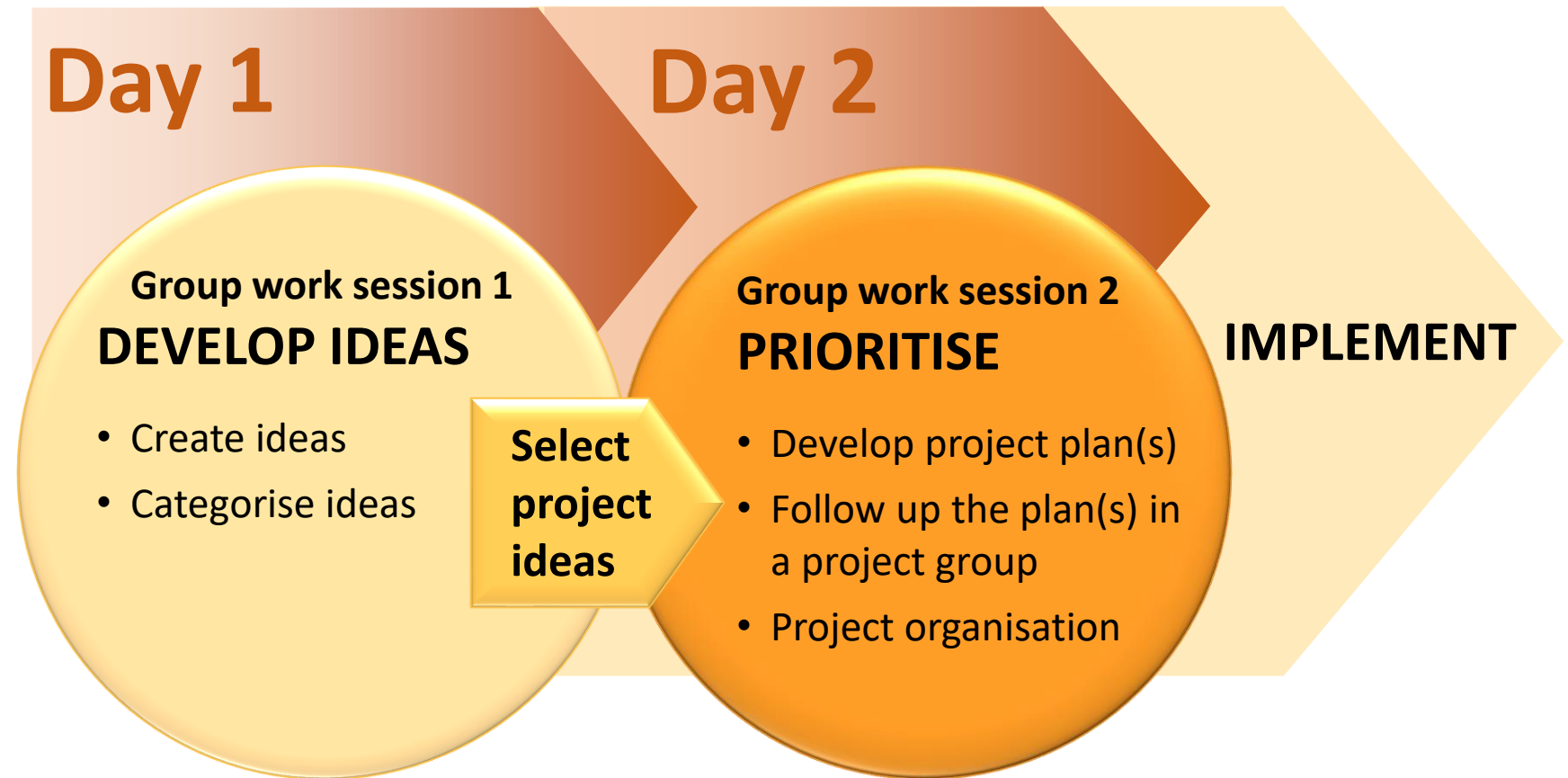


# Search conference

## PLANNING AND PREPARATION

### Introduction

- What do we want to achieve?
- What knowledge do we have about the topic?



## STEP 4

# Plan for action



### RECOMMENDED PROCESS

- **Follow up the brainstorming session**
- **Update the knowledge base**
- **Develop an action plan**
- **Develop a communication plan**

### Check list

- The actors have a common understanding of the knowledge base and concepts.
- The actors have entered into a binding cooperation.
- The work is organised based on the goals that have been set.
- Your municipality has described the procedure for implementing the initiative.
- Your municipality has made a plan that outlines how the initiative will be communicated.

## STEP 5

# Implement

### RECOMMENDED PROCESS

- **Update the status**
- **Implement the initiative**
- **Describe and document**

### Check list

- Important preconditions for implementation are in place.
- The implementation is well coordinated and planned across disciplines and sectors.
- Your municipality has established appropriate procedures for description and documentation.



## STEP 6

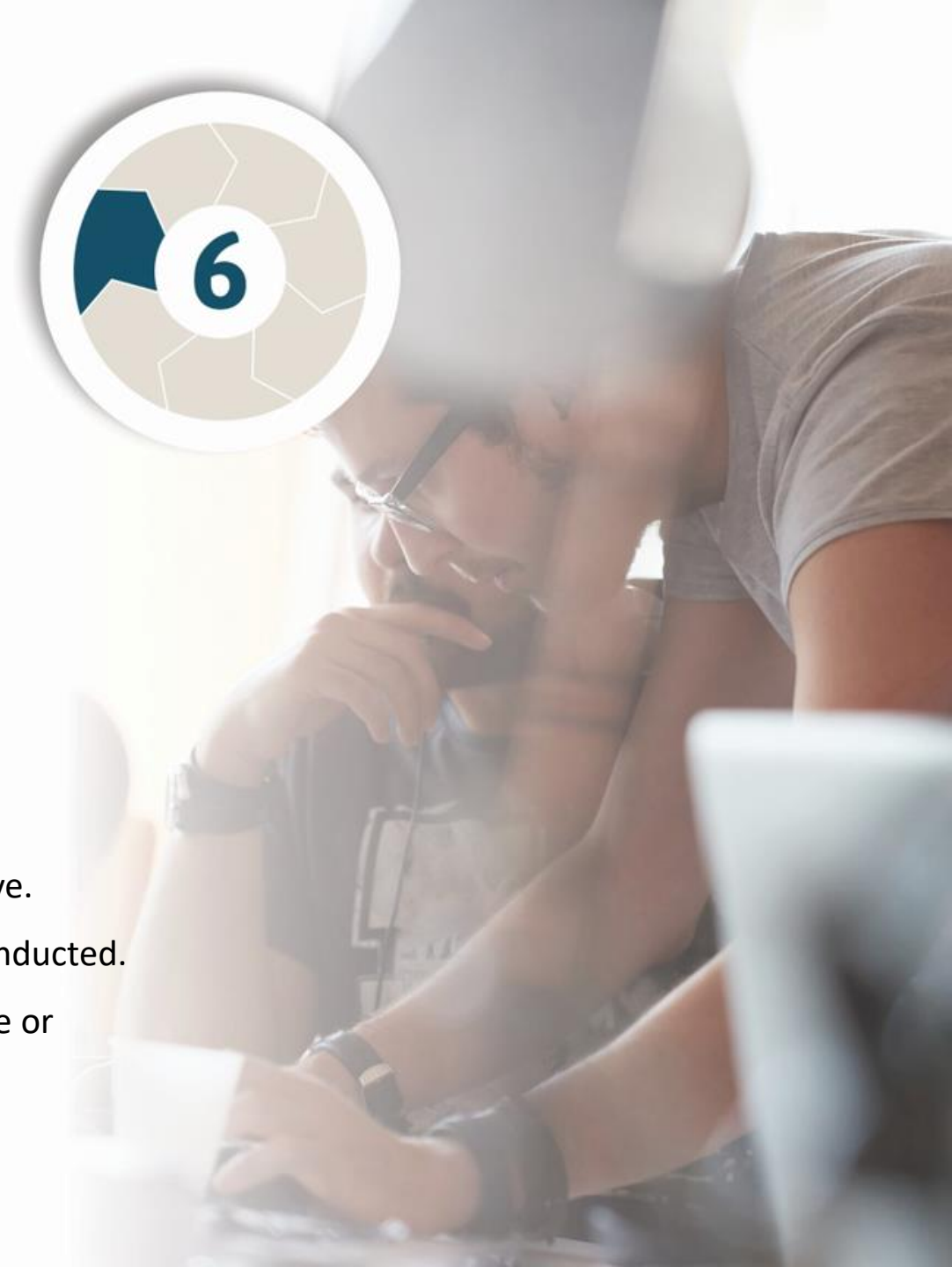
# Evaluate

### RECOMMENDED PROCESS

- **Plan the evaluation**
- **Choose the right evaluation method**
- **Identify challenges during the evaluation work**
- **Write an evaluation report**

### Check list

- Your municipality has developed a practical plan for evaluating the initiative.
- Your municipality has decided on the type of evaluation that should be conducted.
- The results of the evaluation have been collected and are presented in one or more evaluation reports.



## STEP 7

# Turn action into new knowledge

### RECOMMENDED PROCESS

- Organise the new knowledge that your municipality has acquired
- Spread the new knowledge
- Include the new knowledge in planning and management work

### Check list

- Your municipality has an overview of the new knowledge it has acquired through the first six steps of the model.
- The new knowledge is well known to the administration in the municipality.
- The working method in the *Trøndelag Model for Public Health Work* is visible in the municipality's planning and management system.





Vikna kommune  
Vikna Municipality



Steinkjer kommune  
Steinkjer Municipality



Malvik kommune  
Malvik Municipality



Kommunenes Sentralforbund  
The Norwegian Association of  
Local and Regional Authorities



Trøndelag fylkeskommune  
Tröndelagen fylhkentjfelte  
Tröndelag County Authority



Statsforvalteren i Tröndelag  
Tröndelagen staatehaaltoje  
County Governor of Tröndelag

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